

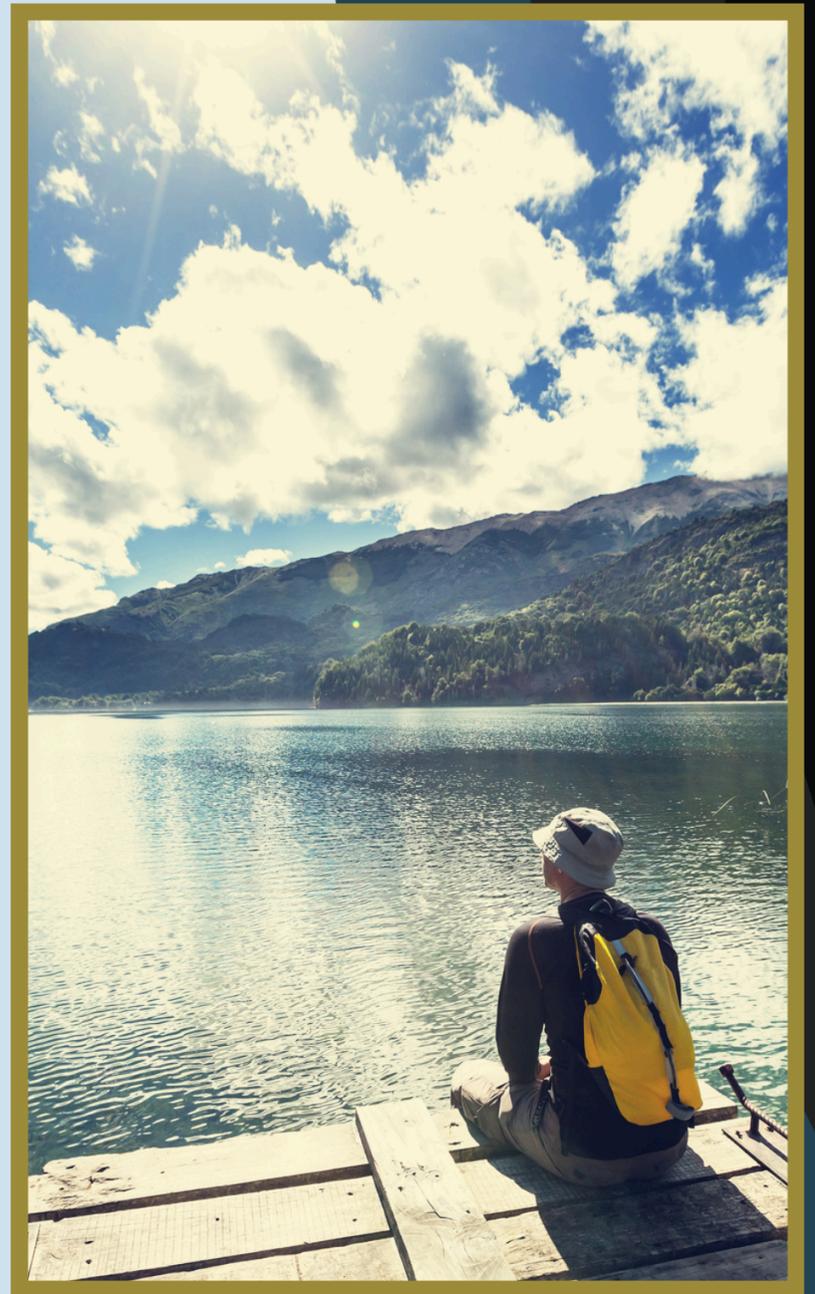
Science of Hope Community of Practice

October 2025 Hope & Reflective Practice Creating Space to Sustain Hope

This month, we will explore the connection between reflective practice and the Science of Hope. Reflective practice helps providers pause, make meaning, and sustain motivation when working in challenging systems.

Join us as Dr. Gina Veloni (reflective practitioner) leads a grounding exercise and Ambrosia Eberhardt (Lived Expert & Akin Statewide Family Impact Manager) shares her perspective on how reflective practice builds agency, willpower, and pathways for hope.

We'll end by asking participants to reflect on one personal or professional takeaway they can carry forward, co-creating a resource that extends hope beyond our space.



Wednesday,
October 8, 2025
12-1 PM



CLICK HERE
to register



For More Information
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[FYJP Science of Hope](#)