

Veloni Reflective Supervision Model

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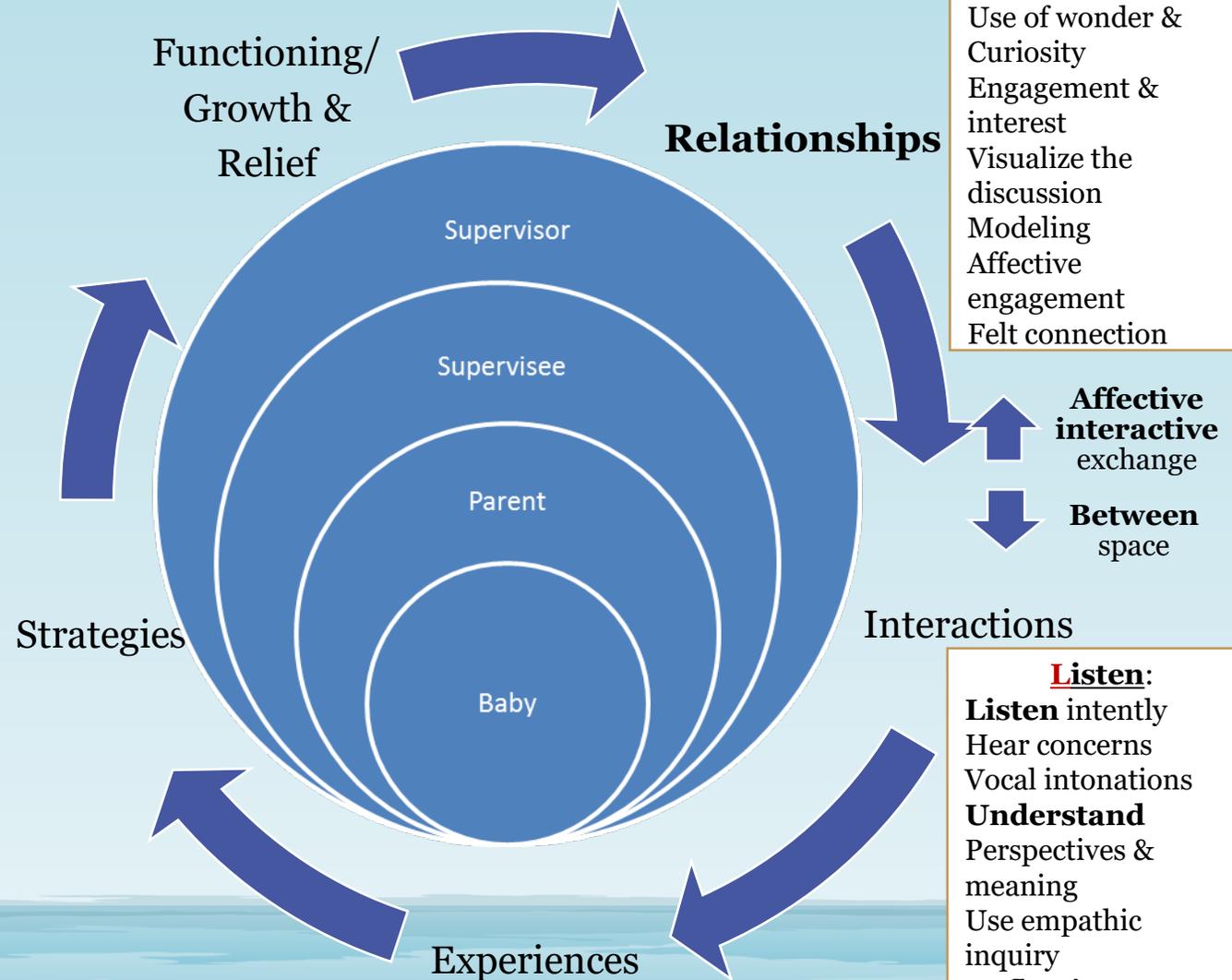


Hold:
 Way of **Being**
Presence
 Safe Space
 Container
 Regular, reliable & consistent
Trusting Relationship
 Non-judgmental
 Empathetic
 Affective engagement
 Modeling
 Mutually regulating
 Supportive

Discover:
 Growth
 Increased **learning**, strategies & skills
 Collaborate exploring ideas, feelings and dilemmas
Practice & Experience of reflective & parallel process
Felt support & relief

HOLD

Hold the provider, the parent & baby in mind



Observe:
 Face-to-Face
 See interaction & affect
Slow down, pause
 Pay attention to affect & nonverbals
 Use of wonder & Curiosity
 Engagement & interest
 Visualize the discussion
 Modeling
 Affective engagement
 Felt connection

Affective interactive exchange
 ↔
Between space
 ↓

Listen:
Listen intently
 Hear concerns
 Vocal intonations
Understand
 Perspectives & meaning
 Use empathic inquiry
Reflective process & parallel process