

Science of Hope Community of Practice

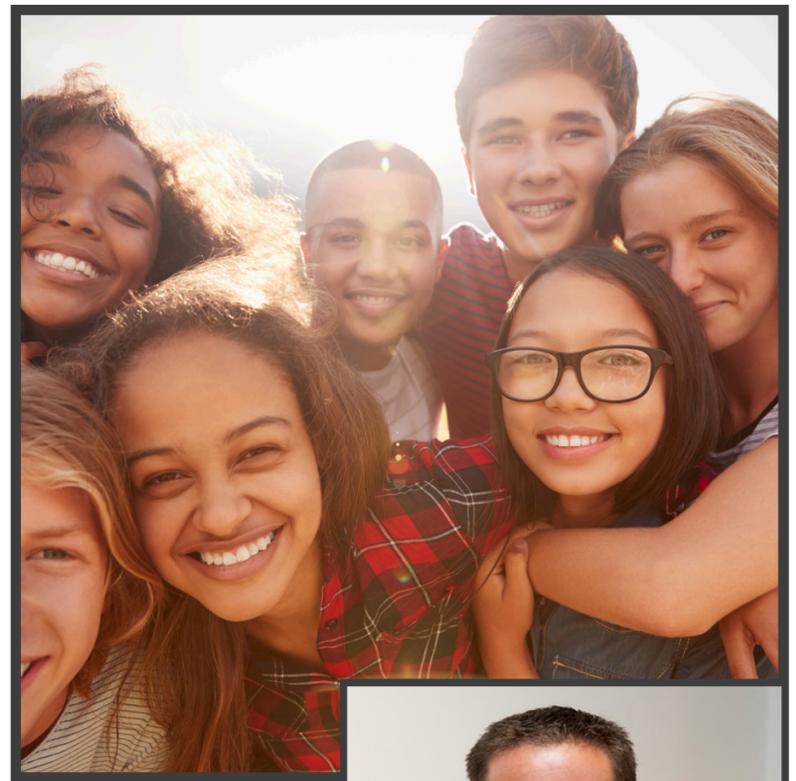
NOVEMBER 2025

When Hope Meets Collaboration

Problem Solving with the Science of Hope and Collaborative Problem Solving

When human behavior, stress, or system demands make collaboration difficult, even the most well-intentioned professionals can lose hope. The Science of Hope teaches us that hope grows through goals, pathways, and agency, but it can be hard to apply when emotions run high or systems feel rigid.

In this engaging conversation, Dr. Stuart Ablon, Founding Director of Think:Kids at Mass General Hospital, home of the Collaborative Problem Solving (CPS) approach, will introduce CPS as a way to strengthen relationships and problem-solve collaboratively with those we serve. He'll draw connections between CPS and the Science of Hope, offering practical ways to restore agency and build skills, so that both practitioners and families feel capable of growth, even in challenging situations.



Dr. Stuart Ablon is the founder of Collaborative Problem Solving (CPS) and Director of [Think:Kids](#) at Massachusetts General Hospital. His work focuses on helping adults and children build the skills they need to solve problems collaboratively, shifting from compliance and control to connection and growth.

 **Watch Dr. Ablon's TED Talk:**
[How to Help a Child with Difficult Behavior](#)

 **Wednesday,
November 12, 2025
12-1 PM**


**CLICK HERE
to register**



For More Information
Sarah.Burns@courts.wa.gov



Website:
[FYJP Science of Hope](#)