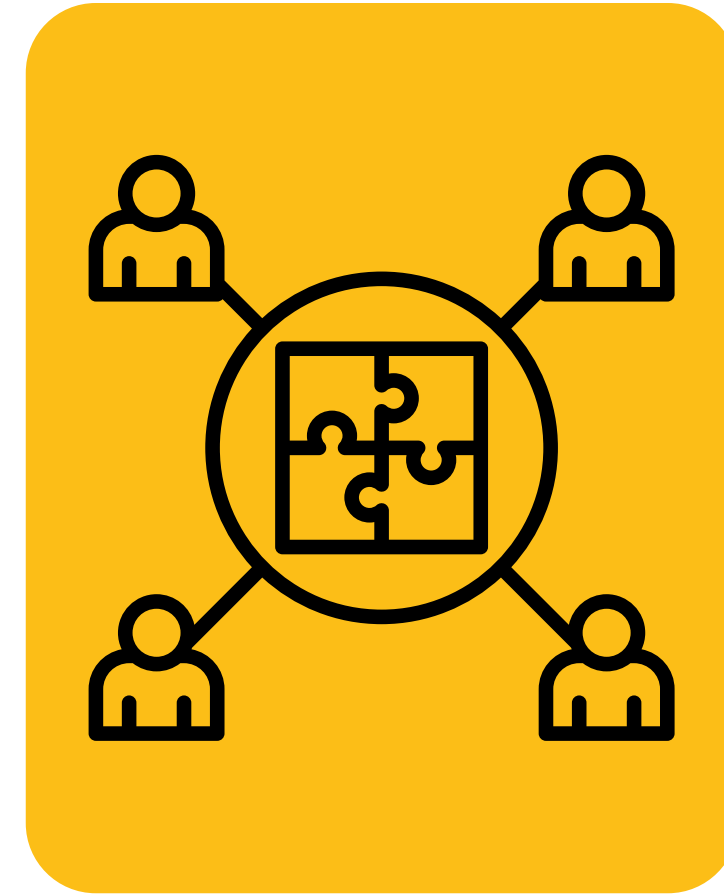




KITTITAS COUNTY
Health
Network



Community Hope

Presented by Alicia Pierce, Doug Fulp, and Courtney Garzone





Overview

- 1 Our Work
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- 3 THRIVE Youth Mentoring
- 4 ACEs Trainings
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Our Work

KCHN is a non-profit with a mission to advocate for whole-person health through community collaborations and connections to resources

Community Health Improvement Plan

Access to Care

Behavioral Health

**Children,
Youth, &
Families**

Prevention

Treatment

Recovery

**Stigma
Reduction**

Work Groups

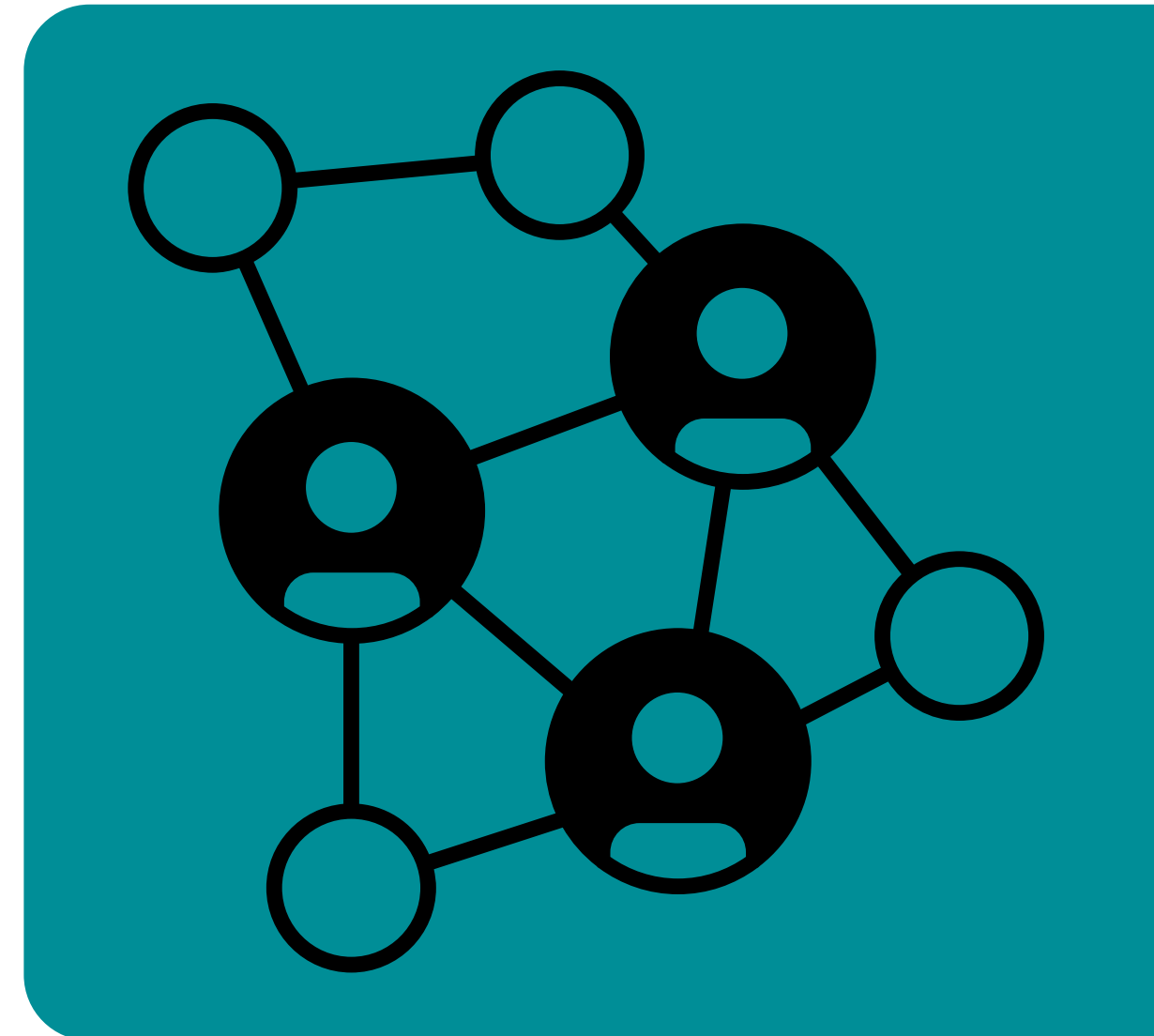
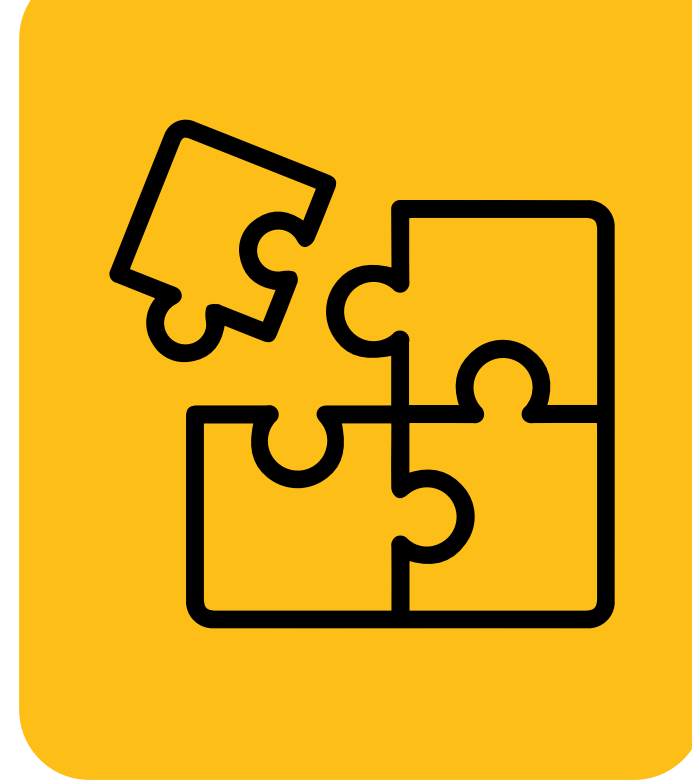
collaborating across sectors to identify and address county needs

A-Team

Children, Youth,
& Families

Behavioral Health

Health Equity



THRIVE Youth Mentoring

1:1 Community-Based EBP

- * CHIP-identified need

- * Goal of prevention – reducing substance use, risky behaviors, & truancy

- * Proven to build self-esteem and skill development in youth

- * S.M.A.R.T. goals, youth-led, voluntary participation



Prevention



ACEs Trainings

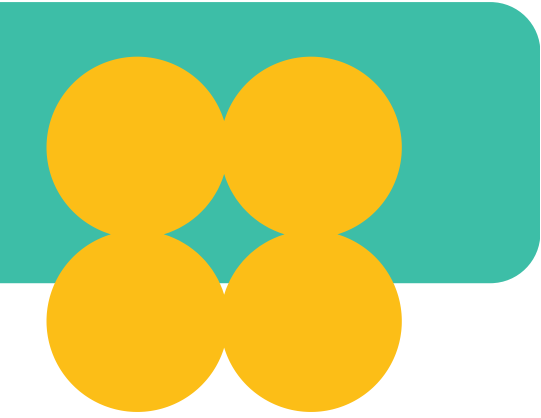
Education about how to support youth and adults impacted by adversity

- Learn what ACEs are and how they impact health, brain development, and likelihood of developing SUD

- Understand resilience and its role in recovery

- Practice trauma-informed care strategies

Prevention, recovery, stigma reduction



Patient Assistance

Reducing barriers to treatment access

Phones

To connect with care providers & schedule appointments

Clothing Vouchers

For clean and comfortable clothing

Planners

To assist with managing appointments

Medication Lock Bags

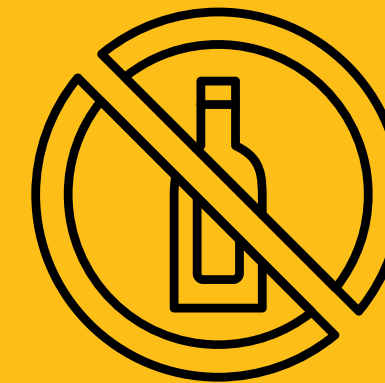
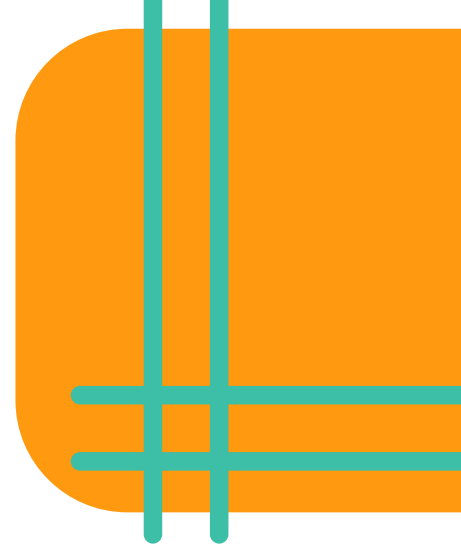
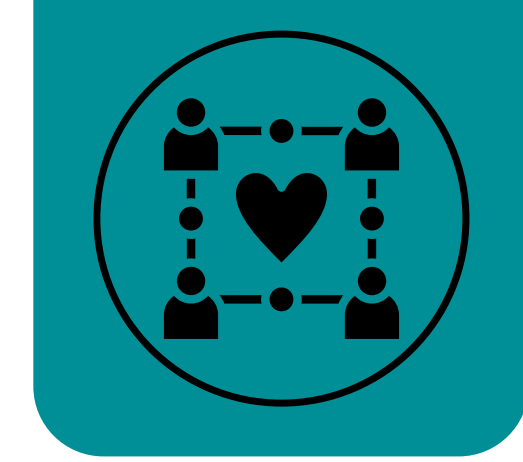
To prevent medication misuse

Prevention, treatment, recovery

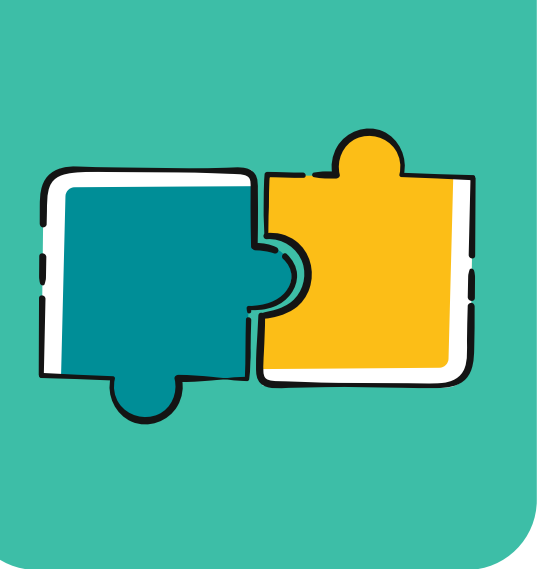
Community Connect Day

Local resource fair

- ✦ Mission: connect individuals who have complex behavioral health, medical, and social needs with available resources
- ✦ Provide haircut vouchers, medical screenings, health education, dental registration, naloxone kits
- ✦ Offer a raffle and a free meal to incentivize visiting tables and engaging with local providers



Treatment, recovery, stigma reduction



Care Coordination

Connecting individuals to necessary resources



Zero-barrier program

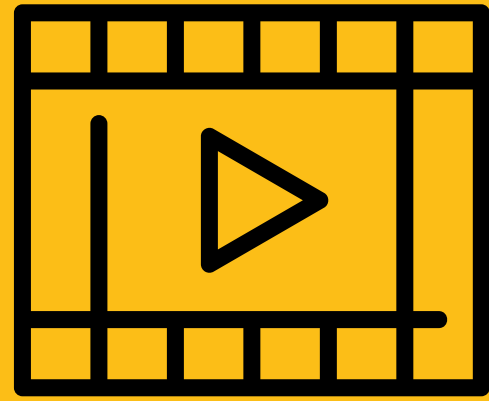
Assess health needs
Identify barriers

Person-centered planning
Develop goals and care plan

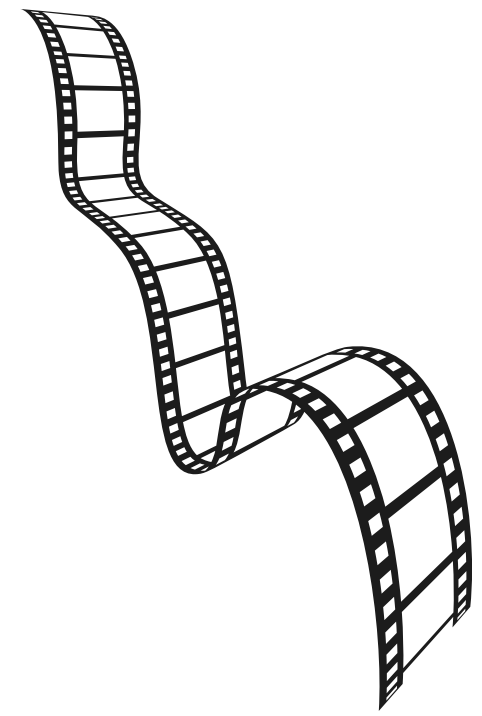
Coordinate with providers
Improve physical, social, and behavioral health

Prioritize client voice, whole-person support, warm handoffs

Treatment, recovery



Recovery Documentary



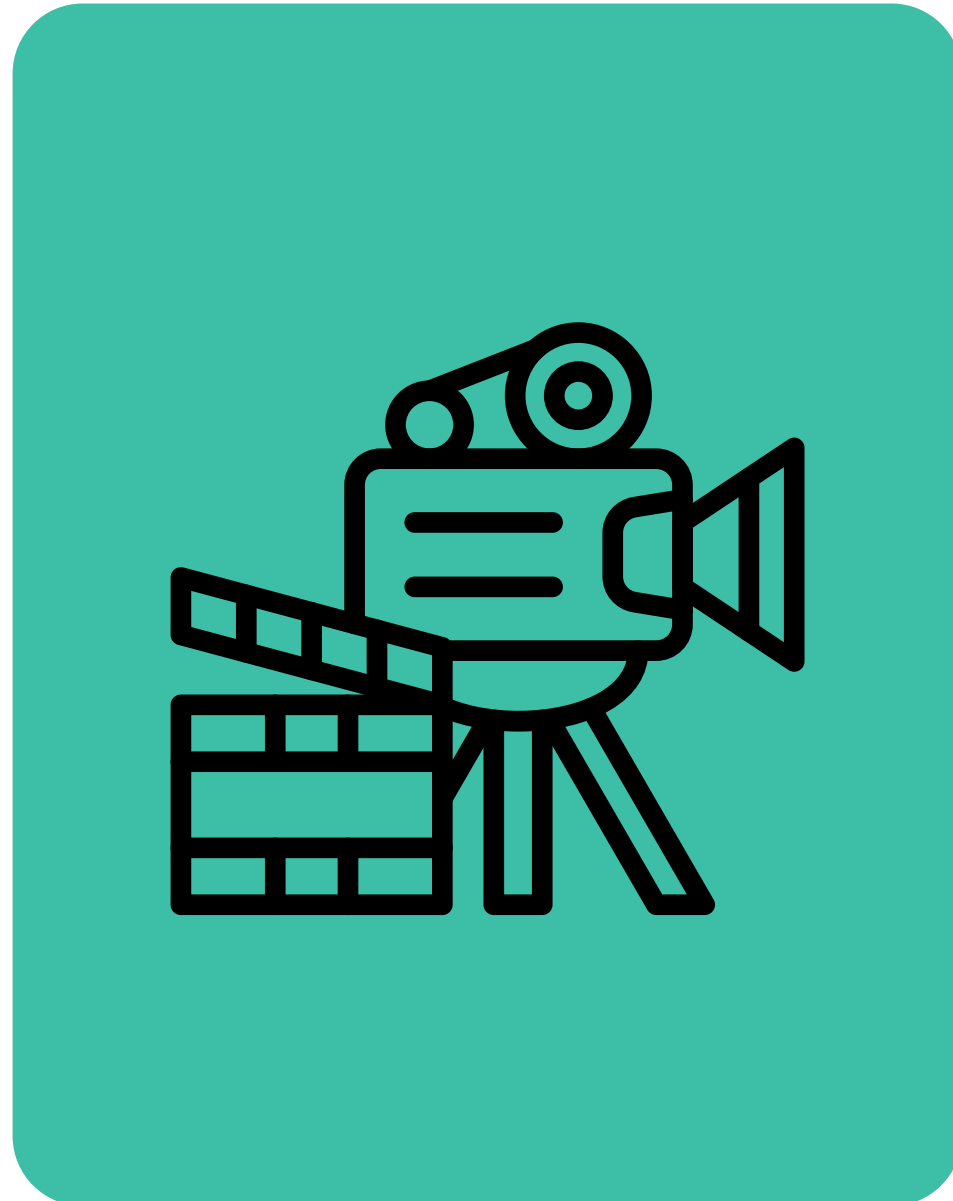
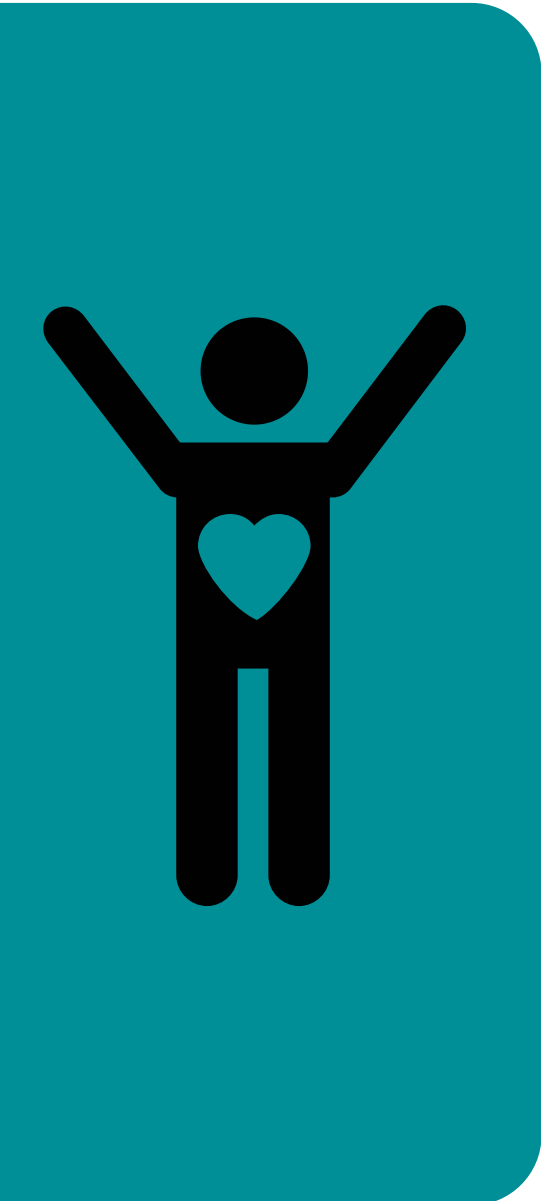
Resilience in Recovery

➤ Stigma reduction

➤ Local success stories

➤ Messages of hope

Recovery, stigma reduction





KITTITAS

COUNTY

Health Network

Thank You!

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