



Science of Hope Community of Practice

SEPTEMBER 2026



Hope in Motion

Finding a Place to Start

About This Session

Complex challenges can feel like a tangled ball of yarn—it can be hard to know which thread to pull first. In this interactive session, we'll use the Science of Hope to explore how we can narrow a challenge, identify where we have influence, and find a meaningful place to begin.

We'll also look at how small actions, multiple pathways, and signs of progress can help build agency and momentum over time.

What to Expect

We'll use a simple **Untangling the Knot** tool to:

- Narrow a large or complex challenge into something workable.
- Notice repeating patterns, strengths, and possible openings.
- Identify where you have influence and where change may have the most impact.
- Explore more than one possible pathway forward.
- Choose a meaningful place to start and consider what could help build momentum.

You'll have time for individual reflection and small-group conversation to learn from others, hear different perspectives, and discover additional pathways.

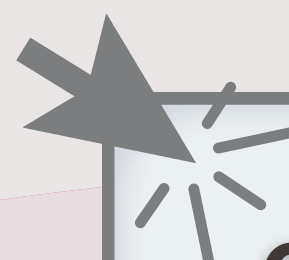


Why Attend

Bring a challenge, opportunity, or area of your work you want to think about differently. You'll have time to reflect, learn from others, explore possible pathways, and leave with a practical way to identify where you can start and build momentum.



**Wednesday,
September 9, 2026
12-1 PM PT**



**CLICK HERE
to Register**



For More Information
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Website:
[FYJP Science of Hope](https://www.fyjp.org/science-of-hope)

Open to all system partners interested in learning, sharing, and building hope-centered systems together.